




**PLEASANT HILL
OUTDOOR CAMP**
A CHRISTIAN CAMP & RETREAT CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast- Fluffy Scrambled Eggs, Savory Sausage Patties, Warm Buttermilk Biscuits, Fresh Fruit, Cereal/Oatmeal Yogurt white & choc milk ,OJ	Breakfast- Buttermilk Pancakes with our Warm Authentic Maple Syrup, Sausage Links Cereal/Oatmeal Yogurt , Fruit white & choc milk, OJ 	Breakfast- Sausage Country Gravy & Biscuits Fresh Fruit, Cereal/Oatmeal, Yogurt white & choc milk, OJ	Breakfast- French Toast Sticks Crispy Bacon Fresh Fruit Cereal/Oatmeal, Yogurt white & choc milk, OJ	Breakfast- Celebration Deluxe Continental Breakfast 
	Lunch- Deli Style Sandwich w/ Lots of fresh toppings Pretzels Veggie Tray, Water Melon Water Bottles/Punch 	Lunch- Full Taco Bar with Soft & Crunchy Shells, Lots of Fresh Toppings, Salty Tortilla Chips with Salsa, Warm Churro's Water Bottles/Punch	Lunch- BBQ Pulled Pork Sandwich Waffle Fries Cole Slaw Pickles Water Bottles/Punch	Lunch- Summer Cold Cut Sandwich w/ assorted meats & chesses, Chips, Veggie Tray, Cold Salads Water Bottles/Punch	Lunch- Chicken Nuggets w/ assorted dipping sauces Creamy Mac & Cheese, Salad Ice-Cream Cups Water Bottles/Punch
Dinner- Juicy Hamburgers With the works Chips Cookies Water Bottle/Punch 	Dinner- Breaded Chicken Tenders, Creamy Mashed Potatoes with Gravy, Green beans, Warm Sourdough Dinner Rolls, Ooey Goey Brownies	Dinner- Traditional Cabin Night around campfire~ Roasted Hotdogs Chips Apples Smore's! Water Bottle /Capri Sun 	Dinner- Roast Beef Cheesy Potatoes Peas Maple Syrup Cornbread Dessert	Dinner- Banquet Night!! Turkey Feast Mashed Pots/Gravy Dressing, Corn Dinner Rolls Pie & Sweet Tea 	Dinner- Hotdogs w/ parents "Open House Atmosphere" Celebratory with music and decorations around Buffett